STAR CUISINE — EAT BETTER

Summer

TERM 2024
Hot Lunch Menu

Week 1
15/04/24, 06/05/24, 27/05/24, 17/06/24, 08/07/24

Week 2
22/04/24, 13/05/24, 03/06/24, 24/06/24, 15/07/24

Week 3
29/04/24, 20/05/24, 10/06/24, 01/07/24, 22/07/24

Star Cuisine's ALLERGEN CODES

CE = Celery
C = Cereal
CR = Crustacean
E = Egg
F = Fish
L = Lupin
M = Milk
MO = Mollusc
MU = Mustard
N = Nut
P = Peanut
SE = Sesame
S = Soya
SU = Sulphur

Strawberry yoghurt and fresh fruit is available every day.

Wholemeal bread or white bread is available with every meal.

Vegan meals available on request.

WEEK 1

MONDAY
COD FISH FINGERS (C, F)
Fish fingers coated in breadcrumbs. Served with potato wedges and baked beans.

(V) VEGETARIAN FINGERS (C)
Served with potato wedges and baked beans.

Lemon Glazed Sponge (C, E, M, S, SU)

TUESDAY
CHEESY PASTA BAKE (CE, C, E, M, S, MU)
Served with salad sticks.

(V) VEGETABLE PASTA BAKE (CE, C, E, M, S, MU)
With butternut squash, peas and sweetcorn. served with salad sticks.

Yogurt (M)

WEDNESDAY
ROAST CHICKEN (C, E, M)
Served with roasted potatoes, Yorkshire pudding, peas, carrots and gravy

(V) ROASTED QUORN JOINT (C, E, M)
Served with roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

Strawberry Mousse (M)

THURSDAY
OUR SIGNATURE BEEF LASAGNE (C, M, CE , E, MU, S)
Prime beef mince bolognese layered with creamy bechamel, lasagne pasta sheets and covered in mild cheddar cheese, served with salad sticks.

(V) VEGETARIAN LASAGNE (C, M, CE , E, MU)
With aubergine, courgette, peppers and served with salad sticks

Fruit Jelly (Contains Beef Gelatine)

FRIDAY
MARGHERITA DEEP BASE PIZZA (C, M, SE)
Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese and served with peas.

(V) MARGHERITA DEEP BASE PIZZA (C, M, SE)
Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese and served with peas

Chocolate Brownie (C, E, M, S)

WEEK 2

MONDAY
BEEF MEATBALLS (C)
Penne pasta with tomato sauce, peas and sweetcorn

(V) VEGETABLE MEATBALLS (C, S, SU)
Penne pasta with tomato sauce, peas and sweetcorn

Chocolate sponge cake (C, E, M, S)

TUESDAY
JACKET POTATO (M)
With cheese and baked beans served with salad sticks.

(V) JACKET POTATO (M)
With cheese and baked beans served with salad sticks.

Yogurt (M)

WEDNESDAY
ROAST PORK (C, E, M)
Roasted pork served with roasted potatoes, peas and carrot, Yorkshire pudding and gravy.

(V) ROASTED VEGETABLE SAUSAGES (C, E, M)
Served with roasted potatoes, peas and carrot, Yorkshire pudding and gravy.

Chocolate Mousse (M)

THURSDAY
PAELLA (C, SU)
Jamie's rice with chicken, sausage, peas and peppers. Served with salad sticks.

(V) VEGETABLE PAELLA
With butternut squash, peas, sweetcorn and peppers served with salad sticks.

Fruit Jelly (Contains Beef Gelatine)

FRIDAY
MARGHERITA DEEP BASE PIZZA (C, M, SE)
Soft dough pizza base, topped with tomato sauce and grated mild cheese served with baked beans.

(V) MARGHERITA DEEP BASE PIZZA (C, M, SE)
Soft dough pizza base, topped with tomato sauce and grated mild cheddar cheese served with baked beans.

Chocolate Brownie (C, E, M, S)

WEEK 3

MONDAY
PORK SAUSAGE ROLL (C, S, SU, M)
With potato wedges and herbs, served with salad sticks

(V) VEGAN SAUSAGE ROLL (C, M, S, SOYA BEANS)
With potato wedges and herbs, served with salad sticks

Jam Sponge (C, E, M, S)

TUESDAY
TOMATO PENNE PASTA BAKE (C, M)
Topped with cheese and serve with vegetables.

(V) TOMATO PENNE PASTA BAKE (C, M)
Topped with cheese and served with vegetables

Yogurt (M)

WEDNESDAY
ROASTED GAMMON (C, E, M, SU)
Butchers gammon joint. Served with homemade roast potatoes, peas, carrots, Yorkshire pudding and gravy.

(V) QUORN CHICKEN PIECES (C, E, M)
Served with roasted potatoes, peas and carrot, Yorkshire pudding and gravy.

Strawberry Mousse (M)

THURSDAY
BREADED FISHCAKES (C, F, M, MU)
Served with potato wedges and baked beans.

(V) BREADED VEGETABLE CAKE (C, MU)
Served with potato wedges and baked beans

Fruit Jelly (Contains Beef Gelatine)

FRIDAY
MARGHERITA DEEP BASE PIZZA (C, M, SE)
Soft dough pizza base, topped with tomato sauce and grated mild cheese served with salad sticks

(V) MARGHERITA DEEP BASE PIZZA (C, M, SE)
Soft dough pizza base, topped with tomato sauce and grated mild cheese served with salad sticks

Chocolate Brownie (C, E, M, S)